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| Continence Nursing Service Annual Report | January 12014 |
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**Examples of the items you may wish to include**

**1.0 Executive Summary**

This annual report produced by the Continence Nursing Service reviews the year commencing April 2013 to April 2014. The report outlines the service delivery and achievements of the nursing service and the proposed service developments. The service delivery objectives refer to the 5 domains of the NHS Outcomes Framework and also incorporates the High Impact Actions for Nursing in this specialism (or whatever your own KPIs or evidence base is).

This is also a great place for your Elevator Pitch. Here is the one from WCET as a reminder :

The St Elsewhere Continence Nursing Service consists of three specialist nurses (2.4 WTE) who each independently manage a caseload of people (adults? Children? Adults & Children?) with complex bowel & bladder problems across acute and community trusts.

In a 2013 patient survey 99% of patients rated the service Very Good or Excellent (120 patients)

**2.0 Introduction**

The Continence Nursing Service at St Elsewhere’s NHS Trust has been established since 1993, and since that time the establishment of clinical patient centred services has been its primary focus. With the establishment of nurse led services, the research and audit function of the service has become more developed.

 Describe the demographic profile of the population served and any specific needs of this population. Describe the caseload (stratify it if you can i.e. how many routine how many complex why are they complex? Physical, psychological etc) Show who is referring/sources of your work EG Fig 1

Figure 1 Referrals into the service

3.0 Aims of the Continence Nursing Service

The service aims to ensure that all patients referred to the service receive high quality, evidence based care.

Here are some suggestions-feel free to add but avoid words that over simplify your work (basic, just, advice & support as a generic term)

1. To provide specialist nursing interventions to achieve and maintain the highest possible standards of continence care within the hospital and local community.
2. To act as a key worker and enable patients and their carers throughout their treatment pathway
3. To provide Nurse-Led Follow-up services for patients with a range of colorectal problems including psychological issues such as body image.
4. To offer shared decision making and promote self-management of continence
5. To support Surgical and Medical teams in the provision of inpatient and outpatient services for patients with colorectal disease (with or without a stoma) and faecal incontinence.
6. To raise public awareness of bowel/bladder problems.
7. To develop evidence to support colorectal nursing practice.
8. To initiate nursing and multi professional research projects concerned with continence nursing care.
9. To develop a centre of excellence in continence nursing research.
10. To promote knowledge transfer with respect to continence nursing care.

**3.1The Team**

Describe here the team members and don’t forget those post nominal initials! Show you are a qualified professional!!

Team Leader Janet Didsbury RGN MSc Telephone XXXXXX 0.8 WTE Band 7

Hold the advanced diploma in continence care

Jane Smith RN Telephone XXXXX 1 WTE Band 6

Nita Patel RN Telephone XXXXXX 0.6 WTE Band 6

**4.0 Clinical Activities**

The Continence Nursing Service provides a range of services and these include:-

* Assess and meet the complex information needs of patients with continence problems from diagnosis, investigation, treatment and follow-up.
* Provide inpatient care, both pre and post operatively for patients with a range of benign and malignant bowel and bladder disorders -with the aim of total or supported self-management as an outcome
* Interventions that meet best practice guidance such as pre-operative stoma siting
* Outpatient consultations in specific nurse led clinics which address physical, social and psychological issues related to continence management including psycho sexual.
* An advisory service to patients, relatives and carers and telephone follow-up service to reduce need for outpatient follow up & unnecessary presentation and admission into emergency care
* Community home visits to patients with a newly formed stoma or complex continence problems as an alternative to emergency care
* Support to community health teams in the management of continence.
* Development of patient information
* A quarterly Bowel and Stoma Patient Support Group to promote self-care
* Community / public events to raise awareness of bowel health and continence issues.

A description of each member of the team’s clinical role identifying patient activity. This can be done using a variety of methods as shown in the graphs below.

You can also use the tool CassandraTM on the website to show how you spend your time using a sample of activity or the AlexaTM activity map to show the common interventions you provide against a patient pathway.

Choose a few “headline” points you wish to make-it doesn’t have to be tons of data!







**5.0 Continence Nursing Service efficiency gains**

Put in this section any examples you have of cost savings. This might be equipment or you might have released consultant time, avoided admissions etc. Don’t worry if you don’t have this-go straight to the next section.

#### 6.0 Evidence of the impact of the service

In this section refer to your service and how it meets national and local targets. These might be the CQUIN targets in your trust such as prevention of readmissions/delayed discharges. You could also relate this to the High Impact Actions for nursing (your skin matters, staying safe-preventing falls etc).If you have a sizable cancer practice think about using the cancer IOGs. Describe your patient/service pathway and how it helps the Trust to achieve these standards. You can present the data from the audit tools here too.

**This is a great place to put patient experience work**

#### 7.0 Professional activity

List here any professional activities or achievements particularly those that show your expertise.

For example honorary academic posts, presentations at conferences or to local groups, working with voluntary sector, study days you might have taught on, projects (don’t forget to talk about their outcome if they have been completed) journal papers/features, reviews etc.

Basically include anything that shows you are considered by others to have expertise.

Describe any learning or professional activity you have participated in

#### 8.0 Research & Audit

Describe any audits, patient audits or research your department has been involved in.

**9.0 Future opportunities**

How would you like to expand the service. Think about any opportunities, consider using a SWOT analysis (see Service Summary section).

**10.0 Summary**

Sum up the years activities in one or two sentences

Overall the Continence Nursing Service has been very productive…..

Appendix Job plan /Activity/Audit or any other evidence