

### Written reflection

<p><b>What was the nature of the CPD activity/practice-related feedback?</b></p>	<p>Feedback on practice, management of a high output stoma on the wards</p>
<p><b>What did you learn from the CPD activity and/or feedback</b></p>	<p>A patient within 3-5 days post surgery developed high stoma output – over 2 litres per day. Explanation to patient given. Staff nurses informed and documented in the patient’s medical notes the interventions required to manage the high stoma output and maintain a strict fluid balance chart. Surgical doctors informed via bleep/telephone conversation.</p> <p>On the following day the patient did not retain the verbal information provided to them regarding the rational and management of high output stoma, resulting in non-compliance with oral fluid or dietary considerations. The staff nurses and surgical doctors had not instigated the management plan documented.</p> <p>On reflection, clinicians and patients have a limited understanding on the management of high stoma output. Whilst verbal and written instructions were provided, a different approach is required to promote consistency in the management of high stoma output.</p>
<p><b>How did you change or improve your work as a result?</b></p>	<p>Reinforce the explanation of high stoma output to patients with the use of a Patient Information Leaflet to help patients understanding and gain compliance.</p> <p>Undertook a training session to staff nurses and junior doctors on the management on high stoma output to promote an effective cohesive management.</p> <p>Developed an algorithm for the management of high stoma output and displayed on the ward to promote a cohesive approach to the treatment plan for both the clinicians and the patient.</p>
<p><b>How is this relevant to the NMC</b></p>	<p>Prioritising people. Treat people with kindness, respect and compassion. Avoid making</p>

<b>Code?</b> <b>(Select a theme: Prioritise people; Practise effectively; Preserve safety; Promote professionalism and trust</b>	assumptions and work in partnership with people to make sure you deliver care effectively.
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