

Don't be scared of the process

Practice related feedback You must obtain at least five pieces	Can be from a variety of sources, including patients, service users, carers, colleagues, students
	Can be individual or about the performance of your team, unit, ward or organisation
	Can be formal, or informal
	Feedback from colleagues is not limited to other nurses – it could be from colleagues in management, on reception or in assistant positions
	Inform colleagues or patients how you intend to use the feedback
	When recording your feedback you must not include any information that might identify an individual, whether that person is living or dead

I'd certainly urge registrants to make sure they think routinely about obtaining feedback and to ensure this is something constructive that can help them develop.

Revalidation initially seemed like a lot of additional work and I found the new processes daunting, and I know that many nursing colleagues will have been feeling the same. However, once I broke the revalidation requirements down into manageable tasks, it became relatively easy.

I had to gather five pieces of suitable written feedback, which I found challenging.

My role does not routinely involve direct patient contact, so I had to think imaginatively when considering how to gain meaningful feedback that would satisfy the NMC revalidation requirements.

I asked colleagues, nursing students and delegates on the study days I facilitate to provide me with comments and views relating to my performance. I contacted the majority by email and found that all of those I approached responded promptly and were more than happy to assist.

On a personal level, I have found the process motivating as it has given me the opportunity to take time to reflect on all my achievements and areas for development. All I would say is: don't be scared of the new process. If you keep on top of things, it really isn't difficult to do.

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